



**The Australian Nurse  
Teachers' Society**

**Working Together for the Future  
of Nursing Education**

**Special points of interest:**

- The President's Report
- Reports on ANTS Annual Dinner "Meet the Chief" organised by the NSW branch of ANTS
- Competition for Nurse Educator of the Year
- Report from the SA Branch of ANTS
- Report from the WA branch of ANTS
- Wanted "New Editor" for the e-Bulletin
- Read about our first Army Nurse Educator to ANTS
- Read about a New Graduate Nurse's first experience in providing an in-service to her peers

# **The Australian Nurse Teachers Society**

## **E-Bulletin**

September Edition Vol. 1 Issue 3. 2010



**Introducing Captain Paul Krohn**  
**The first Army Officer and Senior Nurse Educator**  
**of the Australian Defense Forces to join the**  
**Australian Nurse Teachers' Society**



# The President's Report

As I sit here, on my balcony, on this crisp pre Federal Election August morning I am contemplating the progress that ANTS has made since I took on the role as President in April this year. I believe that as a nursing organisation, ANTS is continuing to make a significant contribution to the profession of Nursing and specifically, Nurse Education in Australia. With the establishment of State Branches, the membership is rising and the organisation is in a stable financial situation under the

competent management of Olivia Mulligan, our esteemed National Treasurer. I am looking forward to flying down to Melbourne on 3<sup>rd</sup> September to launch the Victorian Branch of ANTS. A report of this event will be in the next issue of the ANTS e-bulletin. ANTS National Executive has taken a technological leap under the guidance of our Vice-President Lisa Gatzonis. As Lisa lives in WA, all National Executive meetings are held via Skype. Obviously, this method of meeting will become more commonplace as ANTS National Executive moves interstate. All Branches are holding innovative and informative educational seminars. I attended two seminars in NSW since the last report. Well done to the NSW Branch and as well to all State Branch Committees for their hard work in bringing much needed educational seminars to our members.

As reported in my last President's report, the State Branch Committee members are expanding but this has depleted the pool of ANTS members who would be available to assist the National Executive. Clearly this short term problem will resolve because as each Branch Committee Member gains Governance expertise, they will then meet the ANTS Constitutional Criteria for a position on National Executive. After our EOI in the last e-bulletin, Jan Sayers has come forward and has been co-opted onto National Executive to assist us. I am very pleased to announce that Jan has agreed to take on the project of developing a peer reviewed Nursing Journal specifically for Nurse Education in Australia. This project has been one aim for National Executive since 2007 when it was first raised by Pauline Murray-Parahi at a National Executive meeting. Although Olivia Mulligan has championed this project, her two roles of National Treasurer and e-bulletin editor have prevented her from making any advances on the project.

As President of ANTS, I attended the College of Nursing's evening forum "The Health Reform Debate: What it means for you". This informative event outlined the National Health and Hospitals Network Agreement (NHHN Agreement). NSW Health has released a discussion paper on the specific issue of the establishment of Local Health Networks, which is currently open for comment. Unfortunately the limited closing date of 1<sup>st</sup> September means that nursing

organisations such as ANTS will not have sufficient time to collate comments on this particular issue. However, there will be further refinements to this legislation, if the present Government retains office, where comments will be called for. If you do have comments, please post these on our website [www.ants.org.au](http://www.ants.org.au) and we will send when requested. Briefly, the current Federal Government has introduced legislation to the parliament to manage all funding for General Practice and primary health care services as well as being the primary provider of funding for the public hospital system in all states and territories in Australia. This legislation is the National Health and Hospitals Network Bill 2010.

Local Health Networks (LHN) will replace the Area Health Services. The plan is that each LHN will consist of one major hospital or a group of hospitals that are geographically or functionally linked with primary health care (General Practice) facilities which will be known as Medicare Locals. The plan is that this framework will assist people living within a defined geographical location accessing primary and/or tertiary health care depending on their health care requirements. Legislation supporting the NHHN Agreement includes the establishment of a National Performance Authority which will provide transparent reporting to the Government on the performance of the Local Health Networks. An Independent Hospital Pricing Authority (IHPA) which will cost health services and will be the basis for funding of the LHN's. Finally the Australian Commission for Safety and Quality in Health Care (ACSQHC) will have their current role expanded to an independent statutory authority to develop National clinical safety and quality guidelines and standards. Clearly ANTS can have a presence on ACSQHC. Finally, the most important piece of information I obtained from the College of Nursing's Health Reform debate was that the day to day activities of ANTS members will not change and our important work will continue despite alternative funding arrangements.

Don't forget to submit an application to the ANTS/Pearson Nursing Educator of the Year Award which closes on 22<sup>nd</sup> October, 2010. Also, the 2011 Australasian Nurse Educators Conference in Hamilton New Zealand has been moved to a warmer 23<sup>rd</sup> - 25<sup>th</sup> November, 2011. The planning for the 2012 Nurse Education Conference in Perth, WA is continuing so please keep space in your diary in April 2012.

All the best,

Sandra Campbell

ANTS President

[Sandra.campbell@utas.edu.au](mailto:Sandra.campbell@utas.edu.au)

0412 296 028

## Senior Nurse Educator with the Australian Armed Forces

### Captain Paul Krohn

"Take your work seriously but never take yourself seriously and do not take what happens either to yourself or your work seriously." – Booth Tarkington

#### HISTORY

I gained my undergraduate degree at James Cook University, North Queensland. Graduating in 1995, I began life as an Operating Theatre nurse at The Canberra Hospital before moving to work on a Cardiothoracic/vascular ward. Commencing my foray into the world of ICU in 1999, I have been a critical care nurse ever since. I joined the Army on 1 May 2001, as an ICU nurse. I am currently posted to the Army School of Health as the Senior Nurse Educator.

I can think of nothing more satisfying than caring for others. Having had the chance to do so in uniform, wearing the Red Cross, and serving with other Australian and Coalition military clinicians, has grown and developed me as a clinician and military officer: it is an indescribable experience.

#### PROFESSIONAL QUALIFICATIONS

Bachelor of Nursing Science

Postgraduate Certificate of Nursing Science (Clinical Teaching)

Graduate Diploma in Nursing (Critical Care)

#### OPERATIONAL SERVICE

Nov – Dec 2007: Operation Quickstep Fiji. I was part of a

small medical team, stationed aboard HMAS KANIMBLA, where I was Officer in Charge of the ICU/HDU. The medical team worked in support of the civilian rescue operations following the coup in Fiji.

Sep – Dec 2005: Operation Catalyst, Balad, Iraq. I was one of a group of 20 Australian military clinicians who were embedded in a US Air Force Theater Hospital, where I was employed in the ICU.

Mar – Apr 2005: Operation Sumatra Assist II, Nias Island, Indonesia. Forming part of the ADF response to the Nias Island earthquake, our team was stationed aboard HMAS Kanimbla.

Dec 04 – Jan 2005: Operation Sumatra Assist I, Banda Aceh, Indonesia. I was part Primary Health Care Team that formed the ADF initial medical response to the 2004 Boxing Day tsunami, part of the wider Australian Government's national humanitarian relief effort to Indonesia.

Jan – June 2003: Operation Anode: Officer in Charge of the ICU/HDU, in support of the regional assistance mission in the Solomon Islands.

Feb – Sep 2002: Operation Tanager/Operation Citadel, East Timor. ICU Nursing Officer, UN Military Hospital, in support of the ongoing peacekeeping mission to East Timor.

#### OTHER

"I'm a Mac". I play drums and percussion, and have serious enthusiasm for photography

## The Australian Nurse Teachers' Society welcomes its new Members

Vanessa Arnison	NSW
Natalie Ashcroft	ACT
Rachel Barton	NSW
Susan Berriman	NSW
Nicola Burton	NSW
Sarah Chong	TAS
Nenita Capaler	NSW
Susan Creech	NSW
Carolyn Ellis	NSW
Sonja Frischknecht	NSW
Fiona Gavegan	NSW
Catherine Gay	SA
Maria Gorton	NSW
Sandhya Goundar	NSW
Amanda Higgins	Q'Land
Leonie Hillier	NSW
Kalpani Karunaweera	NSW
Jeannette Kassulke	Q'Land
Paul Krohn	VIC
Kim Lally	NSW
Verna Marin	SA
Erin McLeod	VIC
Tracy Naidoo	NSW
Esperanza Patiag	NSW
Emma Pearsall	VIC

Claudia Ponce	NSW
Dinia Prats	NSW
Gillian Robbins	Q'Land
Rosemary Schofield	NSW
Marcus Singleton	NSW
Narelle Somerfield	Q'land
Rosealie Southwell	WA
Neridah Thomson-Varley	NSW
Lee-Kaye Tonkin-Jones	WA
Michelle Wright	Q'Land
Christopher Wootton	NSW





## Annual Australian Nurse Teachers' Society (ANTS) Dinner Report



Enjoying the ambiance and relaxing at the dinner are from left to right: Deb Burke Mental Health Educator SSWAHS, seated beside her are Kerry Florio and Shirley Magua both area Nurse Educators in the specialty of community health with SSWAHS



Meet the chief nurse in NSW Ms. Deborah Thoms 2nd on left accompanied by her husband. On the extreme left Ms. Pauline Murray-Parahi ANTS NSW Chairperson who organised the event with her team and on the extreme right Ms. Sandra Campbell President of the Australian Nurse Teachers' Society all enjoying the Christmas in July ANTS annual dinner held at Parliament House Parramatta in Sydney NSW.

**"WE NEED TO  
LEARN FROM  
HISTORY BUT  
NOT BE MIRED IN  
IT"**

Deborah Thoms (2010)

The Australian Nurse Teachers' Society Annual Dinner "Christmas in July 2010" was the best attended in years. The creative and dedicated preparations by the NSW branch paid off as many of the attendees gave such positive feedback on the event. The food, decor, venue and ambiance were faultless. It was simply a class act. The organisation was impeccable right down to the very visible name tags which our very ecological and fiscal minded team recycled in readiness for future seminars. All our names were organised into tables of 10 so there was no confusion about seating arrangements. The venue for the event was at Laughlan's Restaurant in Old Parliament House at Parramatta incidentally the first white settlement in Australia. It was spectacular and all guests were brought on a very informative and historical tour prior to our sumptuous dinner. We saw Governor Macquarie's furniture as it was set in the early 19th century. The large house is the oldest in Sydney and is a Georgian styled building with wonderful symmetry. Parts of

the building's basement floors were excavated and we witnessed a partially chopped tree left standing in the basement. Needless to say the networking was phenomenal as old friends caught up and exchanged ideas on nurse education, and new members had the chance to be introduced to the various academics and clinicians to share their experiences and ideas.

The place was simply abuzz with laughter and conversation. The sound system and music videos organised and designed by Ranui Parahi (sound and video technician extraordinaire) was jaunty, classical and very nostalgic as we watched listened to the old crooner Bing Crosby sing "Dreaming of a White Christmas" which evoked many happy childhood memories for the more mature members especially those who hailed from the northern hemisphere. The guest speaker Deborah Thoms the chief nurse in NSW entertained us with stories and clips from her career path. One of the more interesting images was a patient



Pauline Murray-Parahi immersed in her favourite occupation TECHNOLOGY as she demonstrates her skills to Sandra Campbell ANTS National President

## Report on ANTS Annual Dinner cont'd

being brought down from Uluru (Ayer's Rock) by stretcher. Apparently people get very sick and die up there and helicopters cannot land on the rock. Ms Thoms nursing career was very interesting and varied and her nursing experience included placements in cities all around Australia, the community and in many rural outback settings where she became knowledgeable about the values and traditions of many indigenous communities. Ms. Thoms reminded us of the many changes and challenges we as nurse educators face in the present and future.

There is no surety about community health. We have an election looming and much depends on who is voted in as to what the plans for health will be. There is a big question of how nurse education will fit in the clinical arena. Ms Tomms also informed us of the gap between clinician ages. We have large groups of RN 8s and year 1 and 2 but the years 3,4,5 and 6 are in short proportions. There has been however, an increase in nurses aged below 30 years joining the work force but the gap still remains between experiences. We need a balance and we need to change the way we work. We need to focus on better team work and to look at how to keep these people in nursing. Presently there are over 600 nurses on the waiting list awaiting jobs and things are not looking too good for employment for the next year.

We were also encouraged to nurture the new graduate nurses. They are our future. I take this bit of advice very seriously. The way to go is to have models of partnership they are keen to explore and to ensure that they enjoy nursing. She spoke about craft Transfer by taking the time to show them the nuances of nursing or as it is commonly termed the art of nursing. Essentials of care for example is so very important and we need to make it explicit. Craft Transfer happens over time so the nurturing and encouragement is ongoing.

I liked the way she introduced Florence Nightingale of whom I am a great fan. She was really was ahead of her time and so intelligent and multi talented. Much of her work particularly in the area of statistics has been replicated many times. It was by this method that Ms. Nightingale was able to inaugurate changes particularly in the area of sanitation, infection and nutrition. Without her methods change could not have occurred as quickly as it

did so many years ago. If you want a very accurate and true picture of this wonderful woman please read Cecil Woodham-Smith's (1953) *Florence Nightingale* published by Penguin. It is a terrific read. I liked the way Ms. Thoms advocated being knowledgeable about history and to learn from it but also to be prepared to change and I loved her quote " **We need to learn from history not be mired in it**"

This was a strong message to remind us to become comfortable with change as change happens on a continual basis. Her little introduction to "Who moved the cheese" bears witness to this good bit of advice. It is important also when change happens we continually monitor it, and have strategies on how to manage change. Most importantly we need to learn to enjoy change and savour the adventure and as she sagely advised, "**enjoy the new cheese**".

The bit I really liked was her unique introduction to the beauty of outer space. These exquisite photos can be downloaded from the Hubble site, simply Google it. The colours and shapes are amazing and mesmerising.

The wish for us that is memorable about Ms. Thoms presentation was that she wanted us to be like the bright stars seen here in the Hubble photo below and not be like the solar nebula which is basically the gas that surrounds these bright lovely creations which to my mind are incredibly beautiful. We thank you ANTSNSW Branch for a terrific evening and also Ms. Thoms for your time and interest and thought evoking presentation.

Olivia Mulligan. Editor



Reference. [ideachampions.com](http://ideachampions.com)



Friends and colleagues for ever the academic and the clinician who regularly bridge the gap namely Pauline Murray-Parahi and Vix Betihavas (UWS) on left



Azilda Fernandez NUM Hoxton Park Community Health Centre & Susan Monaro (CNC) Concord Hospital



Meet your [www.ants.org.au](http://www.ants.org.au) Web Master Mr. Stuart Taylor who volunteers his time to keep it updated and answer all your questions seen here with his wife Dr. Christine Taylor ANTS National secretary



Meet the workers behind the scenes who helped to make this event so enjoyable. Left to right is Anne-Maree Davidson ANTS NSW secretary and Benny Alexander ANTS NSW treasurer as they wait to guide and help members and guests





Hi All,  
There is so much to report this month it's difficult to know where to begin, so once again I'll start with the pictures from our last **ANTSNSW** event...  
**'Dinner with the Chief'**

For any nurse teachers in NSW who may not have heard of this event...  
I'd say, where.. (or in which alternate universe) have you been? But in the unlikely event you [ANTS members from NSW] have not received notices about **ANTSNSW** events please send me your email address and I'll *personally* make sure you go on our mailing list!

**Dinner with the Chief...** was an overwhelming success and was attended by more than half of the members of **ANTSNSW**!  
I could easily fill this entire e-Bulletin with anecdotes and highlights of the event, but I'm sure you'd rather hear from our members (see page 10 for event comments). Not yet a year old...breaking attendance records seems to be an ongoing theme for **ANTSNSW**.

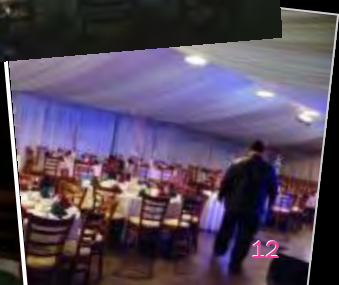
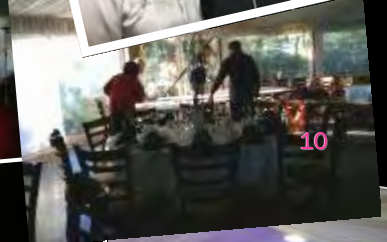
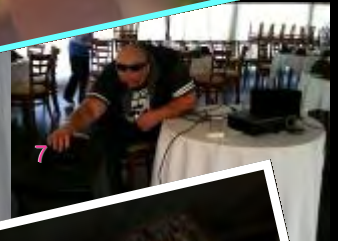
## Acknowledgements...

Of course (as always) I have postulated a number of theories for this phenomenon but for this event the most likely is...  
...**the Chief!** I suppose that was a no-brainer but what you may not realised is the other 5...no 6... actually now that I think on it... 9 other salient reasons for **ANTSNSW** success...

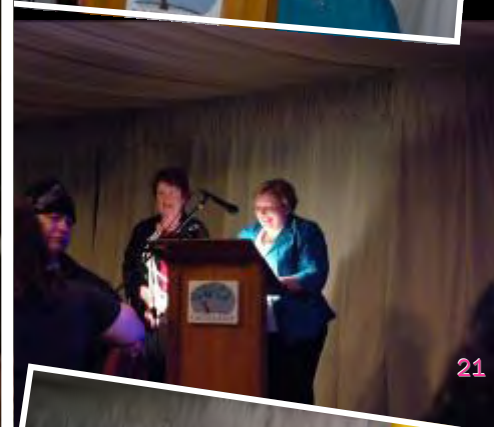
**Five** reasons for the success of the evening are my magnificent, outstanding, efficient and passionate fellow **ANTSNSW** council members [2,3,5,8-11]; Lynda Mitchell, Anne Maree Davis, Benny Alexander Vasiliki Betihavas & Shushila Lad... **Six** ... Mary Brigid Naylor who, aside from being a wonderful mentor (*I have many...in fact you could be one and not even know it!*) ...was our talented and gracious MC for the evening [4] giving ad hoc presentation advice [21]

**Seven** ...our partners who support us (and our Chief) to attend and even attend functions with us [8,10,13], take photos, compile music [7] or put up with our absences and miss our company during the late nights (or early mornings) at the computer compiling reports, sending emails or planning strategy...but it's not all hard work—it is also very rewarding and enjoyable. Our partners or significant others are an integral part of the mix since they celebrate our successes [7,10,12,13], provide constructive critiques about our speeches (apparently I say '*ummm*'..."*heaps!*") commiserate our setbacks and rarely complain about our absences – forgoing our company for a TV dinner with the dog.

**Eight**... thanks must also go to ANTS National for their support (speeches, advice, web announcements, e-Bulletin) [1,6] and also permit the use of ANTS secretariat services [KJK]. ANTS secretariat provide an invaluable service to **ANTSNSW** council and members, constantly refining their processes as we learn new and improved ways of responding to the professional needs of our members and constantly strive to give our members value for money in terms of events and professional development activities that are relevant which they deserve. **Nine**... of course **YOU!** our loyal and likewise, passionate and talented **nurse teachers** [see **ANTSNSW Confidential**], ...without whom the entire exercise would be rendered moot!









## ANTSNSW Confidential

More photos of **ANTSNSW Dinner with the Chief** held at Lachlan's House in the grounds of Old Government House, Parramatta NSW.

Some highlights of the evening (in no particular order) included...

**A toast to the Chief...** Lynda Mitchell ANTSNSW education officer [1] involved in preparations for the event.

**Pass the parcel...** an ingenious plan devised by Lynda Mitchell [1] to facilitate networking and fun. Her scheme evidently worked.... As evidenced by the delightful roar of laughter from each table. It has to be said Lynda did a great job wrapping 10 parcels each with at least as many layers of Christmas paper...her husband commented she was at it for about 10 hours! Each layer of paper revealed a new question and answer. One of the questions was *who has been an ANTS member for the longest and least amount of time...* if the occasional guest indicated they were not a member, without missing a beat, Benny Alexander ANTSNSW treasurer [4,5,8] promptly produced ANTS application forms.

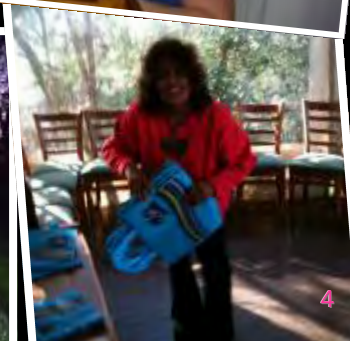
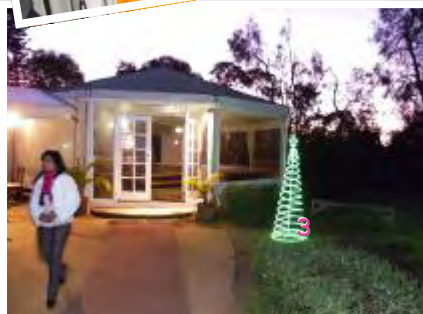
Then the **Chief Nurse of NSW** Debra Thoms delivered her speech, fortunately Olivia Mulligan ANTS editor has given a detailed account (see page 4) as I must confess I was so busy concentrating on the slides and then lost all rational thought when the chief nurse made a reference to **Star Trek**, with it came the immediate realisation what a visionary she truly was!

**Prizes!** [23] Thanks also goes to our sponsors; **Therapeutic Guidelines**, **Lachlan's House** and **iFolio**... Who donated books, gift vouchers and free one year online professional portfolio subscriptions.

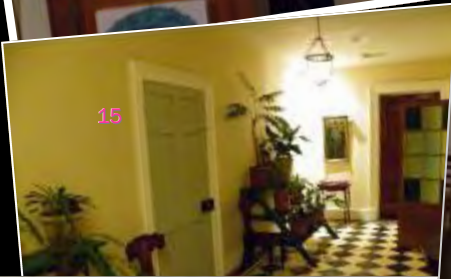
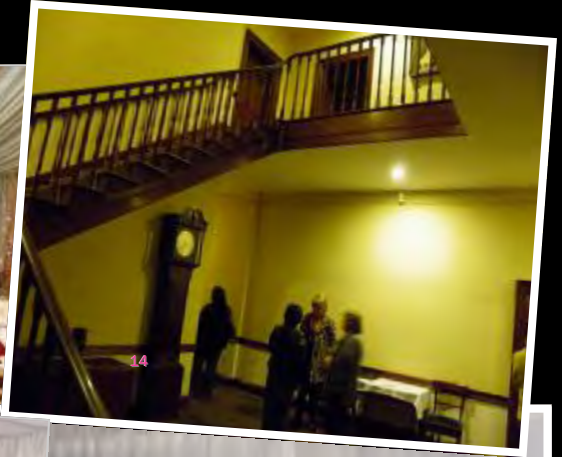
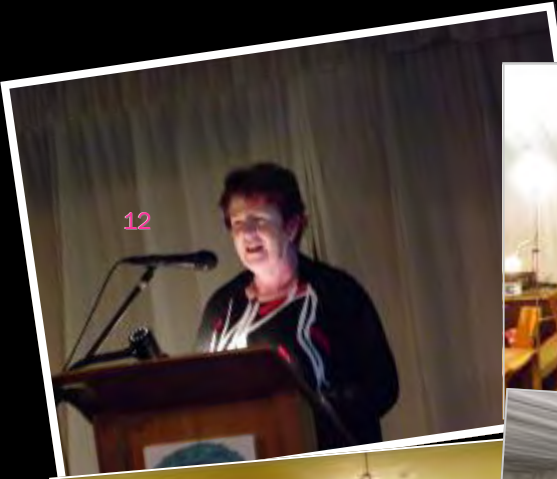
**The food and the service!** Was in a word - *excellent*... So good in fact Philip our Lachlan's host for the evening was awarded an ANTS cup & pen [8] as a token of our gratitude. Philip mentioned one of his staff was a nursing student who tried to make herself scarce when she recognised some of her university teachers! Small world...

The **announcement of the next ANTSNSW event** fell to Education officer Vasiliki Betihavas [2]. Vasiliki has recently joined us on ANTSNSW council and is heading our inaugural rural planning subcommittee- this event is a partnership with Charles Sturt University and it is hoped also Greater Western Area Health Service (GWAHS)- representing clinicians will also collaborate on this project as we aim to bridge the gap between faculty and clinical.

At the **Dinner with the Chief** It was announced the event might be held in September but after further negotiations with CSU, at this stage the event will be held on November 20th in Bathurst and because of this we will also be holding our 2nd ANTSNSW AGM (and ANTSNSW 1st birthday!). We are hoping to enlist some rural ANTS members to represent the interests of our rural members on ANTSNSW council. So if you are an ANTS member living in NSW you will be receiving more information by email confirming dates and venue **very soon**...











Comments/Suggestions/what we liked		Wish list to/for the Chief	
1.	More Educator/Clinical Educator meetings and updates of new programs re: national Registration – discuss each others problems	1.	→?? You can't resolve what issues we have.
2.	Recognise career pathway for nurse educators (includes facilitators, CNEs)	2.	Awareness that students are not getting an extensive clinical experience during their undergraduate program and need a good newgrad program.
3.	Jobs for newgraduates (freeze on jobs crippling industry)	3.	Need to have events like this more often to meet the chief nurse.
4.	Support clinical educators to balance academia (non-clinical time) clinical/ further self development	4.	The need for a National English language 'test' for students and ESL – IELTS and even OET are totally inappropriate.
5.	Need for national registration to be discussed further <u>within</u> hospitals. I know information has been available for years but not finalised. But a lot of information unclear and misunderstood by staff.	5.	The need for support for 3 <sup>rd</sup> year students with ESL who will need to obtain a IELTS overall/ in each category- 7- to me this is a racist policy.
6.	Great Night: Do it again!	6.	I have seen the OET test it is very inappropriate and the level of language difficulty is very high.
7.	We had a good time...Thanks!	7.	In days of budget restraint by AHS- I would like to see some mechanism which allows FT nurses to attend courses/ seminars/ workshops without being reliant on the "goodwill" of NUM/ service managers and all the drama about replacement which normally ensues.
8.	I think it was a great night for partners. Speeches were relevant and not longwinded.	8.	Development of ways to "allow" managers to see that access and development of nurses through education is all about retention and patient outcome.
9.	Great night – food was fabulous. Good location as Parramatta central to everyone and easy to get to, and parking available.	9.	ANTS needs to match the ANTS (nurse teacher) competencies to the ANMC competencies.
10.	Easily accessible venue.	10.	Can I tell you about the, <i>adopt a student nurse</i> idea!!!
11.	Great food.	11.	Need to focus on clinical placements- not enough for these uni students – not enough.
12.	Sufficient time between speakers, prizes and food.	12.	Seminars/ workshops on helping undergraduates transition to practising nursing.
13.	Open environment, great chance to network.	13.	Better understanding of managers to allow nurses to counsel to broaden their knowledge.
14.	Good night- don't forget the Mid-north coast when you next choose a rural setting.	14.	Encouragement of managers to send their staff to courses.
15.	Great night love* the networking ['love' mistaken by be another participants as "lose"...further comment- "then don't come!"]	15.	Workshops readily available in greater locations (distance an issue).
16.	Trivia night.	16.	Bridging the Gap between eating our new graduate nurses.
17.	ANTS needs to review the current union proposal re ratios and clarify CNE and NE positions	17.	Undergraduates to have clinical assessments while on clinical placement* [further comment by another participant- *UNE and University of Newcastle already do this]
		18.	University facilitators to do more practical with students (clinical)



# ANTSNWSW Report *W*

And even more photos (left & right) ....

Some I liked so much (thank you Owen and Olivia)...I think I've included them twice!

As I read the [uncensored] comments of those who attended **Dinner with the Chief**, (below left) I have the luxury of reliving the fun and the priceless networking opportunity.

Whilst I reminisce over our last event... The ANTNSWSW council, headed by Vasiliki Betihavas, Andrew Crowther, Louise Wells and other dedicated Academics from Charles Sturt University from Wagga Wagga and Bathurst campuses and our clinical colleagues from Greater Western Area Health Service are busy planning our next event- **Bridging the Gap: Theory to Practice & Beyond** and hoping to top our last star-studded spectacular- **Dinner with the Chief**, and in the process going beyond where ANTNSWSW has never gone before!

...Apparently Dinner with the Chief is not the only thing I'm missing...

Well ANTNSWSW members that concludes another ANTNSWSW report -my 3rd. So now if you will excuse me, I have a date with my couch, doona and Captain Kirk of the USS Enterprise... And until my next report a greeting to all ANTNS members-the most talented nurse teachers on the planet...If not the quadrant...

**Live long and prosper!**

(continued)



11



12



13



14



15



16



17



19



18

**Winners!**

Congratulations to **Michelle Davis** a Nurse Educator from Sutherland Hospital (18 left) the winner of last issue's competition- **Is this you?** By simply sending an email identifying herself in one of the photographs of participants (and prize winners) of the Inaugural **ANTNSWSW Metropolitan Seminar- Professional Portfolios and Nurse Teacher Competencies**, **Michelle** has also won a one year online professional portfolio subscription courtesy of **iFolio**, valued at \$50. 10 other subscriptions were also awarded (19 right) during **ANTNSWSW Dinner with the Chief**...

For more details about iFolio or online professional portfolios please refer to the iFolio website: <https://www.ifolio.com.au/>

**iFolio Bonus!**



20



Congratulations to the winners of the book prizes [20] generously sponsored by **Paulette Trevena** from **Therapeutic Guidelines**. For the complete selection of TG's quality titles and online resources including eTG, refer to TG's website:

<http://www.tg.org.au/index.php?sectionid=97>

# Join the Chain Gang .....It's Free

Dear Colleagues,

We would like to invite you to join CHAIN (Contact, Help, Advice & Information Network), which is an online mutual support and intelligence network for people working in health and social care. It originated more than 11 years ago in the NHS Research & Development programme in the UK, and has grown steadily in both scope and scale. It is multi-professional and cross organisational, designed to connect like-minded health and social care practitioners, educators, researchers and managers. It is now international, with members across the UK and national components in Spain, Italy, Ireland and Scandinavia, and members in more than 40 other countries worldwide. CHAIN is not-for-profit, and is staffed by NHS employees. It is funded by a consortium of stakeholders including the National Institute for Health Research, NHS Scotland, Macmillan Cancer Support and Cochrane Spain.

CHAIN has 4 main components: Research & Evidence-based practice; Education; Innovation & Improvement and Cancer Care. Cross-cutting thematic sub-groups and special interest groups have been set up to enable members from different components of the network to focus on areas of common interest. Recent developments include the establishment of facilitated sub-groups focusing on Health &

Well-being, Equality & Diversity, Service Improvement among AHPs, Improving Patients Experience & Quality Improvement. The network uses searchable online Directories to enable members to identify one another, and simple e-mails are the mechanism for networking.

Enthusiasm for the subject, a role in an organisation involved in health and social care, and a willingness to share details of one's interests, experience and to respond to other members' questions are the only criteria for joining. Membership is FREE, and members may join the network, update their records or leave at any time. To join please complete a membership form at: [http://chain.ulcc.ac.uk/chain/join\\_chain1.html](http://chain.ulcc.ac.uk/chain/join_chain1.html)

We look forward to welcoming you into CHAIN.

Best regards,

The CHAIN Team

To read more about CHAIN (including external evaluations of the network) please visit our homepage at:

<http://chain.ulcc.ac.uk/chain/index.html>

## Mary Nguyen new Graduate RN reflects on her first in-service



### In-service at Liverpool Hospital:

As personal development of the nurses within the Renal Ward at Liverpool Hospital, the ward's nurse educator approached all the nurses and asked us each to provide an in-service for the ward and I was asked to perform one on the drug, Calcitriol.

At first, I was a little overwhelmed as a new graduate registered nurse and the junior nurse in the ward as I was unsure of how it would be perceived from the other nurses by being taught by their junior. My next thought was how to effectively communicate and train the ward in Calcitriol.

To ensure that I had a complete understanding of Calcitriol and was able to answer any questions during the in-service, my research began on the internet, then a visit to the hospital's intranet before ending up in various nursing and drug books. At the end of my research, I found out that Calcitriol is an active form of Vitamin D3 which stimulates the absorption of calcium and phosphate from the gastrointestinal tract and kidneys as well as promoting the secretion of calcium from bone to blood.

In order to prepare for the in-service presentation, I prepared what I learnt in my research into a flip chart

booklet which I reviewed again prior to the presentation. During my in-service in the Renal Ward, the ward's nurse educator had all the nurses on duty which included both registered and clinical placement nurses as well as the ward's administration officer attended.

The experience of the in-service has provided me with the confidence of training my fellow colleagues. This furthered my personal development in a commonly used medication, but most importantly allowed me to share my knowledge. The feedback from the nurses in my ward was positive. I felt that if I had been provided with some additional time to prepare, I believe that I would have been able to present a better in-service by providing my colleagues with notes.

For all future in-services, I would recommend that all nurses completing their first in-service, have at least one practice session with the ward's nurse educator. This will allow everyone the opportunity to seek feedback on areas of improvement before presenting the in-service to their respective wards and colleagues.

Overall, I am grateful to share my knowledge gained from my research on Calcitriol with my colleagues. I firmly believe that in-services are vital to the development of all within the nursing profession as anyone can provide an in-service including you



# Lyn George reports from the SA Branch of The Australian Nurse Teacher's Society



Assuming the student role in the first photo (in dark coloured jacket) is

Heather-Jean Ashby

Staff development consultant, coordinator Graduate Nurse Programme

CHSA - Mount Gambier and Districts Health Service inc

And in the second photo is

Angie Parker RN RM from Flinders Medical Centre.

who were caring for Mrs Satchet post emergency laparotomy for a perforated bowel.

Not sure if we passed this second test of the night! Didy and Natalie assured us that as students we were probably better educators but as educators, umm?

Anyway it was a very educational, entertaining and enjoyable evening -thanks to Flinders University team!



*Our teacher for the session was*

*Didy Button RN MN FRCNA*

*Lecturer in Nursing, School of Nursing and Midwifery*

*Faculty of Health Sciences*

*Flinders University*

On Wednesday evening July 14<sup>th</sup> a small group of South Australian nurse educators found their way to the High Fidelity Simulation Laboratories at Flinders University School of Nursing and Midwifery.

That was the first test of the night! We all passed.

Then we were treated to a wonderful demonstration evening, where amidst their facility's 'renovation and remodelling' we learned about, and experienced first hand, the benefits of High Fidelity Patient Simulation.

Prior to our attending we had been asked to do some pre-workshop reading on 'Clinical Reasoning in Nursing Practice'. This module introduced us to the definition of clinical or diagnostic reasoning as an enabling process that assigns meaning in the classification of clinical phenomena.

Dr Karen Wotton explained some of the educational theories underpinning HFPS, using examples from their own curriculum. She described the challenges they face with needing to adapt scenarios for students at varying levels of their undergraduate journey.

Then it was our turn to demonstrate some clinical reasoning skills as Didy Button and Natalie Simpson introduced us to Mrs Ellen Satchet, alias SimMan!

We assumed the role of 3<sup>rd</sup> year undergraduate students

**We continually require your  
feedback  
Check out the revised Nurse  
Teacher Competencies  
And  
The ANTS Constitution**

**On: [www.ants.org.au](http://www.ants.org.au)**



## Profile of Dr. Janet Roden

**Dr Janet Roden RN, CM, BA (Macq), MA (Macq), PhD (UWS), FCN, MRCNA.**

Janet is a registered nurse and midwife who has worked in higher education for 23 years as a nurse educator and a lecturer with expertise in child and family health and health promotion. She completed her PhD in 2001 on the topic: "The Role of Families in Promoting Health Behaviours in Their Preschool Aged Children." Janet has had recent experience with many Culturally and Linguistically Diverse Students (CALD) in teaching Bachelor of Nursing students in child and (CALD) in teaching Bachelor of Nursing students in child and adolescent health, health promotion, behavioural

sciences and nursing fundamentals, has also taught Graduate Entry students from CALD backgrounds, and has taught external Masters students in nursing development and leadership projects. Many of the leadership projects have been associated with nurses' interest in undertaking leadership projects in the community. Leadership has been an interest and commitment for Janet who was a past president of the professional nurses group - Australian Nurse Teachers Society (ANTS). Research has also been an important field for Janet who has undertaken internal University of Western Sydney (UWS) research projects since 1989. So far she has been involved in the successful completion of 6 projects, commanding

small grants of \$4-5,000 on average. In 1989 and 2002 she was chief researcher for 2 projects which have now been completed.

Over the last five years she has published five (5) referred publications from her research about child and family health and the health promotion behaviours of paediatric and community nurses. She has also been involved with two authors in publishing one (1) book chapter: Locating the child, young person and family in contemporary health care. In M. Barnes, & J. Rowe. (Eds.). *Child, youth and family nursing*, published in November, 2007.

## What's happening in Queensland?

The Queensland Branch had the first members meetings in partnership with RCNA. Anne Copeland and Dr Kerry Reid-Searl were the guest speakers. All enjoyed the event including the great wine and food. ANTS membership is increased as a result of this evening event. The next educational session is planned for the end of October with a Halloween theme.

**Lorraine McMurtrie,**  
Chair  
ANTS Queensland Branch

## What's happening in WA?

On July 21<sup>st</sup>, an education forum was held to discuss the National Registration and its meaning to us. Although WA hasn't joined the national scheme just yet it was an opportune time to discuss and clarify queries.

We were fortunate to have Fleur Gilroy, Director Regulation, Policy, Practice & Projects from NMBWA present on the changes and inform where WA was in the process. One of the issues raised was the ILETS exam for new Graduates who were registering from overseas including the UK. There was also discussion around the student register. All attendees found the information session useful.

Mark Olson also joined us and discussed the IFolio that ANF has available to members. This was of great interest as a way of easily recording our education hours to meet National Registration requirements. Mark also discussed the issue surrounding Personal Indemnity Insurance.

The WA Branch has set up a Steering Committee to begin organising the 14th NNEC Conference to be held in Perth WA in 2012. Lisa Gatzonis is doing a wonderful job of chairing this committee.

Sadly, we have received resignations from Kamaree Berry, Education Officer and Carolyn Keane Vice Chair. We

would like to thank them for their support and wish them well in their new endeavours.

We would like to warmly welcome Dani Barnes onto the WA Committee who has joined us as an Ordinary Member of the committee and has recently being covering the position of Education Officer.

The WA Branch Committee is looking forward to the latter quarter of 2010 and would like to thank the WA Members for their continued support.

**Julie Jackson**  
Chair  
ANTS WA Branch.





# 2010

## Pearson Australia & ANTS

### Nursing Educator of the Year Award

The winner receives a cheque for **\$3000** and a plaque.

Is there a lecturer or tutor in your department who shows a great deal of dedication and passion for their teaching? Have they made a significant contribution to the department in one or more of the following areas: lecturing, tutoring, student support and/or the development of quality teaching materials in the form of websites, course materials or software?

If so, why don't you nominate them for the 2010 Pearson Australia & ANTS Nursing Educator of the Year Award? Or encourage them to apply themselves!

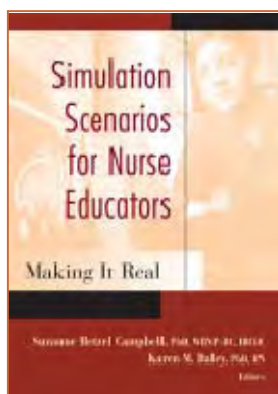
Nominees must be registered nurses whose primary activity is teaching in the nursing discipline. This award is designed to encourage developing teachers (and will be accepted from tutors, lecturers and senior lecturers) teaching in university nursing courses. They must also be members of ANTS.

#### ENTER NOW!

For further information (Rules of Entry, Nomination Form and Deadline/Schedule details) please visit the Pearson Australia website: [www.pearson.com.au/ants](http://www.pearson.com.au/ants) or contact your local Pearson Australia Education Consultant.

Nominations should  
be received no later  
than 5:00pm Friday  
22 October 2010.

# Book Reviews



## Simulation Scenarios for Nurse Making It Real

**Edited by:** Hetzel Campbell, & Daley, K.

Published Dec 2008

Price: US\$60

320 pp., Paperback

ISBN-13: 9780826122421

This text targets nurse educators who incorporate (both those who do, and those looking to do so) the use of medical simulation technology in order to prepare student nurses for safe and clinically adept practice in the workplace. The intent is to provide Schools of Nursing and Midwifery a framework with which to deliver credible and valid teaching with the use of medical simulation technology, by delivering it in a way that is desirable, feasible, achievable and sustainable.

Its specific focus is nurse educators operating in the American academic environment. With local (Australia-specific) adaptation, this reviewer strongly suggests this also has credible and valid application in the Vocational Education and Training (VET) environment. Whilst these groups are, undoubtedly, major stakeholders, this reviewer suggests this text also has valid application at the 'frontline' healthcare delivery level, especially with regard to creative uses of existing medical simulation technology in a resource-lean environment, in terms of continuing professional development, clinical psychomotor skills rehearsal and team communication development and critical decision-making.

The book is quite neatly divided into three parts. Part I provides the reader with not only a history of medical simulation technology, but introduces a robust teaching framework for the use of medical simulation technology in nursing curricula. Further, Part I explores logistic support considerations, sitting considerations and through-life-support considerations when establishing a simulation lab capability to integrate into nursing curricula in the academic and VET environments.

Part II introduces the reader to a vast suite of templated simulation scenarios, 17 scenarios in total. The authors discuss the use of moulage, live actors, low-, medium- and high-fidelity simulation platforms. Scenario topics not only include acute medical/surgical and trauma resuscitation presentations: topics such as mental health, paediatrics, home/community care, chronic medical conditions, obstetric emergencies, communication/physical assessment skills, and quality and safety issues are also well covered.

As a military nurse educator, this reviewer is refreshed to see the inclusion of care of the war veteran, as well as the primary health care scenarios – which has application in training for the delivery of Humanitarian Aid. Additionally, the concept of student-generated scenarios is introduced. The scenarios may be adapted to suit the range and fidelity of medical simulation technology available to respective academic and VET schools of nursing. The authors add

depth to these scenarios and to establishing medical simulation labs by the use of personal experience, giving the reader access to vital 'lessons learned'.

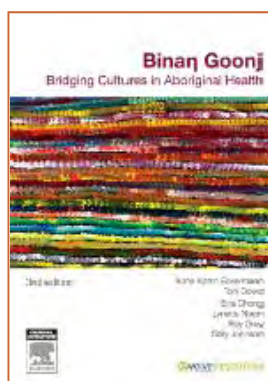
Part III presents a possible framework for incorporating medical simulation in student nurse teaching and learning. It also presents a novel vision for the future of medical simulation technology.

This text provides excellent insight for nurse educators and Schools of Nursing and Midwifery with regard to a structured framework, when considering establishing and day-to-day operation of a successful medical simulation program, by incorporating its use into existing nursing curricular infrastructure, be it sometimes in a resource-lean environment.

**Captain Paul Krohn**

Senior Nurse Educator-Health Services Wing  
Army School of Health Latchford barracks  
Bonegilla  
Victoria 3691

## Binan Goonj, 3rd Edition Bridging cultures in Aboriginal health



Authors: Eckermann, A.K. Dowd, T. Chong, E. Nixon, L. Gray, R. & Johnson, S.M.

Publication Date: 26 May 2010

Online Price: **AU\$ 44.96**

RRP: AU\$ 49.96

**You save: AU\$ 5.00**

ISBN: 9780729539364

The saying "Know thyself" is attributed to Socrates a very wise Greek philosopher from ancient

times and it is still considered by contemporary enlightened people a guiding rule of eternal significance. Jesus a much beloved character by the followers of the Christian believe said "Love God first and your neighbour as yourself". Why am I quoting two of the most significant beings in our history? The book allows us to reflect on our own attitudes and beliefs and questions our complacency regarding how others live their lives. One very simply gets to know oneself as a thinking living intelligent being. It is in reading and absorbing the information contained within this text and continually returning to it for guidance that will ensure the path of objectivity, compassion in understanding and embracing the culture of a much abused race of beautiful people. In fact you will learn more about yourself and your subjective feelings regarding many other peoples not of your heritage. This 3<sup>rd</sup> edition is simply a must have for all clinical and academic practitioners and needs to be easily accessible to ensure all employees within the health arena benefit from the material contained. The book's title **Binan Goonj** is thought provoking as it means 'you hear but don't listen' and is testimony to the sometimes negative mindset of many of us regarding people different to ourselves. This needs to change if we are to live in harmony and to embrace



# Book Reviews continued

the traditions, values and beliefs of our fellow human beings.

As a migrant arriving in Australia the early 1990s I had no knowledge or understanding of Australian Aboriginal culture and or their health issues. It would have been such a welcome possession when settling into the Australian Health system. This book aids in recognising the goodness in ourselves and the myriad of different values and traditions unknown to us, and helps to dispel the side of our nature that is sometimes ignorant or willing to harbour untruths about our fellow human beings way of life. While the book focuses on Australian Aboriginal people rather than indigenous or Torres Strait Islanders the guidelines of respect together with the notion of embracing other traditions is evident and unlike many other theoretical anthropological culture books written by the voyeurs of the different traditions studied throughout history the authors of this text are mainly Australian Aboriginal people.

The book is divided into the following chapters:

- Background to Aboriginal/non Aboriginal interactions in Australia
- Aboriginal communities today
- Coping with change and violence
- Cultural vitality
- Culture shock
- People Centred Care
- Empowerment in Aboriginal health

Each chapter contains Activities for the learner to better understand the reading and to self direct them to find additional information regarding the topic discussed. Definitions of the many various concepts are littered throughout the text. The book is also inundated with case studies which give relevance to incidents of illness and violence, culture shock, racism, empowerment spirituality and many other issues that affect the Aboriginal way of life. While these stories are simple readable tales of experiences they have all the qualities of a necessary to convey the message in so far as they have a clearly defined theme, vivid pictures describing sequential events, strong descriptive characterisation and in a sense they have a dramatic appeal. The text also contains short small coloured activity boxes where the reader is asked to remember thus encouraging the reader to reflect on previous chapters and concepts. This text in essence provides vital information to health care workers which will if used correctly empower them to become knowledgeable enough to prepare themselves to work with and improve Aboriginal health and be come proactive in bridging the health gap between the settled communities and their Aboriginal counterparts. The other impressive aspect of this text is its reference section which comprises of up to date references totalling 16 pages and a very impressive index. It is an excellent textbook for all learners to reinforce the importance and practice of cultural safety and awareness.

Olivia Mulligan

CNE : Army Nurse Facilitator at Liverpool Hospital NSW

olivia.mulligan@sswahs.nsw.gov.au

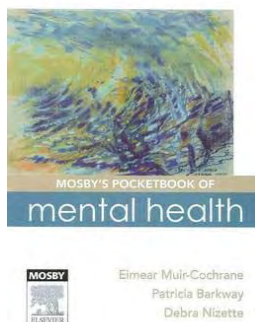
## Mosby's Pocketbook of mental health

Authors: Muir-Cochrane, E. Bark way,  
& Nietta, D.

Published:

Price: \$40.00 AUD

ISBN: 9780729539319



Mosby's Pocketbook of Mental Health is a great user-friendly resource for a range of health and community service professionals. It is clearly set out easy to read and

actually might just fit into your pocket. The concise descriptions and combination of current International and Australian evidenced based literature in the mental health field is excellent. The text begins by setting the approach to mental healthcare in a recovery-oriented approach. The chapters cohesively bring together the current evidenced literature on mental illness, current international relevant legislation, information related to mental healthcare standards, and the rights of consumers and carers. The focus and inclusion of primary health care concerns and strategies for improving health are a refreshing change from mental illness focused content. The chapter on common mental illness and associated disorders provides information on commonly asked questions and details of strategies to assist.

The content is overall very practical, doable and would be helpful to all professionals without formal mental health qualification and can be applied in a variety of settings. The use of case studies and tables provides practical strategies to support the mental health of consumers, people in crisis and others with chronic mental health issues. Use of the current internet sites is a great place to access further information on any of the topics in the book. The glossary is easy to follow and provides a list of most commonly accessed definitions in the area of mental health.

*I would want this book not in my library but accessible everyday to all, especially mainstream health practitioners!*

Sue Willis

Associate Lecturer, School of Nursing & Midwifery  
College of Health & Science, University of Western Sydney  
Locked Bag 1797 Penrith South DC NSW 1797

[s.willis@uws.edu.au](mailto:s.willis@uws.edu.au)

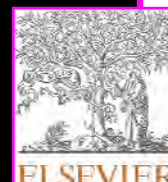
These books were supplied by  
Elsevier Australia

Phone: (02) 9517 8999

Freecall 1 800 263 951

Website:

[www.shop.elsevier.com.au](http://www.shop.elsevier.com.au)



Symposium : Simulation and beyond...

Mercury Resort Hunter Valley Gardens Corner Broke & McDonalds Roads Pokolbin NSW 2320  
November 25 and 26 2010



## Program



*Symposium*

# Simulation and Beyond

*Creative teaching approaches for improving patient safety.*



NURSINGONE CONFERENCE AND EVENT MANAGEMENT



## ACW Cartwright. H Reports on Taser Gun Use and its Affects on the Body



The taser is an electroshock weapon. It is used for subduing a person by administering an electric shock aimed at disrupting the superficial muscle function.

Taser is an acronym that stands for "Thomas A. Swifts Electric Rifle." It is produced by a company called TASER International and was originally designed by an inventor named James Cover in 1969 who named the taser gun after the adventure character Tom Swift.

The taser is primarily used by law enforcement organisations such as the police department and military forces. Because the taser is not classified as a firearm, they are therefore, not regulated by the government. Some countries do not regulate the use of the taser however, some local law enforcement agencies have limitations and even outright bans on taser use by citizens.

The aim of use by the police and other armed forces is to aim to reduce the number of lethal firearm related deaths.

The taser is shaped like a pistol. It fires two small dart like electrodes that are propelled from the weapon by gas charges. The electrodes have thin metal wires, which attach from themselves back to the weapon. When the electrodes make contact with the target the taser transmits powerful electrical pulses along the wires into the body of the target. The maximum range of the typical taser is 30ft.

The electrodes are barbed. The barbs are able to penetrate clothing and skin. Once the electrodes are embedded the electrical current can be transmitted through up to two cumulative inches of clothing. Once the barbs are embedded

they are unable to be removed until the proper authority or experienced professional is able to do so.

Once the electrodes are attached to the subject, electrical impulses are transmitted at 50,000 volts. The electrical impulses/waves occur in 5 second intervals at standard field use. The purpose of the taser is to produce high voltage, low current electrical discharge to override the body's muscle triggering mechanisms. The recipient is immobilised temporarily whilst the electrical current is running through the body.

The electrical current temporarily disrupts the sympathetic nervous control to voluntary muscles which leaves the subject temporarily paralysed at the same time as producing involuntary muscle movements.

The initial affect of the taser is pain. As the barbs penetrate the clothing to the skin the subject will experience extreme pain followed by neuromuscular incapacitation then followed by involuntary muscle movements. After the electric shock has been administered, the subject may experience disorientation, tachycardia and dyspnoea.

General Safety concerns involved with the taser include: Falls, Cardiac Arrhythmias, Brain Injury, Infection and death.

### Falls

Falls are a major concern with taser use. Almost all subjects will fall due to the muscular incapacitation involved in the electric shock. Injuries experienced by falls include cuts and grazes, fractures and concussion.

### Cardiac Arrhythmias

Cardiac arrhythmias may occur but the incidence of this is higher in those

individuals with pre existing cardiac conditions. It is uncommon in the healthy individual to experience a disruption or to see an abnormality in the cardiac cycle when struck by a taser gun.

However, any healthy individual who is repeatedly shocked by a taser has an increased risk of arrhythmias.

Upon shock with a taser the 'flight or fight' response is to be expected.

Normal physiological responses include tachycardia raised systolic BP.

### Brain Injury

Seizures may occur in some individuals. This risk is increased when struck in the head by a taser. It is also increased if an individual is on certain types of medications. Mild traumatic brain injury and post concussion syndrome is common.

### Infection

Infection may occur at the site of entry of the barbed electrodes. Any penetration in the flesh leaves an open portal for infection. If the barbs do become embedded they will most likely need to be surgically removed and infection may follow.

### Death

Death has occurred in some individuals after being struck by a taser. At present Amnesty International reports 334 deaths from tasers in the US between the years 2001 and 2008.

### Treatment

After being struck by a taser any subject may appear disorientated, confused and agitated. Neurological observations should be carried out and any injuries should be treated as necessary.

Aircraft Woman (ACW) Hollie Cartwright is with the Australian Air Force. Hollie presented this article to her Australian Armed Defence Force colleagues during an organised weekly education forum. Hollie has recently qualified as an Endorsed Enrolled Nurse. She is presently working alongside her Armed Force colleagues in Liverpool Hospital NSW on a 20 week placement to gain clinical experience in civilian health setting. Hollie is to be congratulated for her passion and commitment to education and practice as her knowledge basis and performance is impressive for her level of experience.



# ANTSNSW RURAL Seminar

Bathurst, NSW

## Bridging the Gap:

## Theory to Practice & beyond

The NSW branch of the Australian Nurse Teachers' Society (ANTSNSW)

In collaboration with Greater Western Area Health Service, Centre for Rural & Remote Education and Charles Sturt University, are hosting the Inaugural **ANTSNSW Rural Seminar**.

The aim of this seminar is to provide a forum to discuss and scope the facilitators, barriers and gaps in nurse/midwifery education provision... Bridging the divide between Theory & Clinical Practice; Faculty & Clinician by recognising as partners what we do well - what we can change and what to Research or Publish by promoting collegiality and providing opportunities for participants to network & collaborate.

**Places are strictly limited** so please register early to avoid missing out on this unique opportunity.

Students, Clinicians & Academics are ALL encouraged to attend and submit abstracts.

For Details please see over or visit one of our websites... [ANTS](#), [GWAHS](#) or [CSU](#)



# Saturday 20th November 2010

### REGISTRANT Contact Details **PLEASE PRINT CLEARLY**

To Register for ANTSNSW Rural Seminar Please RSVP below and return by Fax/ Mail/ Email to ANTS Secretariat

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Suburb/Town: \_\_\_\_\_ Postcode \_\_\_\_\_ Email: \_\_\_\_\_ @ \_\_\_\_\_

Telephone: \_\_\_\_\_ Place of Employment: \_\_\_\_\_ Position: \_\_\_\_\_

Any dietary needs- (please specify) \_\_\_\_\_

Student Clinician Academic Other \_\_\_\_\_ (please specify)

I intend to submit an abstract . Yes No [Please Note Abstracts Close 30th September - Applicants MUST be registered]

### Payment Details:

### RURAL SEMINAR / AGM or AGM & DINNER

EARLYBIRD RATE: Member \$60 or Non-member \$90 [EARLYBIRD RATE Closes September 30th]

NORMAL RATE: Member \$90 or Non-member \$120 NB: ANTS Membership forms may be downloaded from <http://www.ants.org.au>

ANTSNSW ANNUAL GENERAL MEETING (AGM) - No Cost

AGM & ANTSNSW Birthday Dinner—\$40 (2 course) Additional tickets X \_\_\_\_\_ Total COST \$ \_\_\_\_\_

### Payment Type:

Cheque Money Order Credit Card (please complete details below)

Please Debit my M/card Visa Amex Expiry Date: / / Card number: / / Amount \$ \_\_\_\_\_

Cardholder's Name \_\_\_\_\_ Signature \_\_\_\_\_

Telephone enquiries: Please contact ANTS Secretariat (details below) or Pauline Murray-Parahi (ANTSNSW Chair) 0419 162 318

KJK Secretariat Services | Tel Direct: 02 9715 1065 | Fax: 02 9715 1071 | Mobile: 0414 320 763

email: [kjksecretariat@netspace.net.au](mailto:kjksecretariat@netspace.net.au) Mail: PO Box A103, Enfield South NSW 2133





# ANTSNSW

CITIGATE  
MOUNT PANORAMA  
BATHURST

## 2010 Inaugural Rural Seminar

## AGM & ANTSNSW (1st) Birthday Dinner Bathurst, NSW



### Where is it?

The Venue: Citigate Mount Panorama Bathurst is a resort and convention centre located on Mount Panorama, home of the iconic Bathurst 1000.

Citigate has a restaurant where ANTSNSW Birthday Dinner will be hosted following the AGM. [Citigate Mount Panorama Bathurst](http://www.citigate.com.au) also offers affordable family friendly, resort style accommodation or there are also many other options you may choose to suit your budget and preference (see links below).

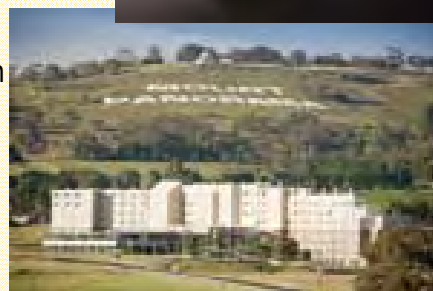
### The Events...

ANTSNSW Rural Seminar is a full day seminar. Commencing at 9:00am the seminar will continue until 4:30pm and have a conference-workshop feel— with an emphasis on sharing, learning and NETWORKING!

Getting to understand and appreciate our diverse roles—what our colleagues actually do rather than what we imagine... What we do well and what we can improve....and most importantly... finding out ways to recognise and collaboratively bridge the gaps in nurse teaching excellence.

ANTSNSW AGM will follow almost immediately after the seminar to enable as many registrants as possible to attend. If you would care to nominate for a position on ANTSNSW council you must be a financial member of Australian Nurse Teachers' Society (ANTS). NSW members will receive an information package via email at least 6 weeks prior to the AGM and nomination forms will be available at the AGM.

ANTSNSW Birthday Dinner will provide an opportunity for new members and colleagues to continue collaborating, networking, Celebrate our branch's first Birthday!!... whilst enjoying the ambiance and fine dining of Citigate's Chicane restaurant.



### How to get there?

Bathurst is approximately 201km west of Sydney and only 2hrs by car from Penrith. There are train and coach services and for train timetables see the Country link webpage... <http://www.countrylink.info/>.

You may want to make a weekend of it and enjoy the surrounds or the other many activities on offer in Bathurst with friends, family or colleagues – so driving or even car-pooling may be a good option.

### What's On? ....Links of Interest

Visiting with family and short on ideas?... Some suggestions include... Ten Pin Bowling, Mount Panorama (of course!), Local wineries, or check out the Bathurst Visitors Information website... <http://www.visitbathurst.com.au/> for more information about what's on in Bathurst (than you will know what to do with!) For Citigate accommodation: <http://www.mirvachotels.com/citigate-mount-panorama-bathurst>

**ABSTRACTS.....ANTSNSW Rural Seminar.....ABSTRACT** (see next page)

Flyers and information about abstracts will be emailed to NSW ANTS members very soon and will also be made available shortly on the following websites...

ANTS [www.ants.org.au](http://www.ants.org.au)... CSU [www.csu.edu.au/faculty/science/nurse/](http://www.csu.edu.au/faculty/science/nurse/)... GWAHS [www.gwahs.nsw.gov.au](http://www.gwahs.nsw.gov.au)

or email... ANTSNSW Rural Seminar Committee chairperson: Vasiliki Betihavas on [v.betihavas@uws.edu.au](mailto:v.betihavas@uws.edu.au) or [ruralseminar@gmail.com](mailto:ruralseminar@gmail.com) and request an ANTSNSW Rural Seminar Abstract Guide.

## **ANTS/NW Abstract guidelines**

- We encourage entries from academics, clinicians and students - novice or expert presenters.
  - All abstracts must be original work. An abstract should not be submitted if the work is to be published/presented at a major national or international meeting prior to the **ANTS/NW, CSU & GWAH seminar 2010**.
  - An abstract must contain sufficient information no more than 100 words so that if published it will be a complete report independent of presentation. The text should not contain statements alluding to results or conclusions not presented within the text.
  - Submission acknowledges consent to publication of the abstract in the ANTS online Bulletin.
  - The presenting author will be required to register for the seminar in order to ensure their abstract(s) is included in the final program. Deadline for presenting author registration is **30<sup>th</sup> September 2010**.
  - All submissions must be completed electronically and submitted to the following email address [ruralseminar@gmail.com](mailto:ruralseminar@gmail.com) If you are unable to submit in this manner, please contact the Seminar Manager at [v.betihavas@uws.edu.au](mailto:v.betihavas@uws.edu.au) for further information.
  - All abstracts must be prepared according to the above guidelines provided.
  - There is no limit to the number of abstracts that may be submitted by an individual.
  - However, splitting of a body of work into multiple abstracts is discouraged. Consolidation into one abstract is preferred.
- 
- Biographies are word limited to one paragraph. Biographies will be read by the chair introducing the speaker(s) and included in the presentation time

## **Notification of Acceptance**

- Notifications of acceptance will be sent via e-mail to the submitting author by the end of October 2010. Accepted abstracts will be published in the ANTS online Bulletin. The Seminar Managers will not be held responsible for abstract submissions not received via the email address or for submission errors caused by Internet service outages, hardware or software delays, power outages or unforeseen events.



## Hoxton Park Community Nurses Present:

### A Day in the Life of a Community Nurse to the Transition Nurse Support Program's Study Day at Liverpool Hospital NSW Education Day

I was asked to present at Liverpool Hospital's Transition Nurse Support Program education day in July. I, alongside one of my colleagues, Cara Bowen presented "An introduction to community health" to help assist the new graduate transitioning nurses in learning about community health and its core business.

Cara and I spoke about 'A day in the life of a Community Health Nurse' (CHN). The aim was to create an awareness within the transitioning new graduate nurses taking part in this study day of what it is like to work in the community. We highlighted that we work autonomously in the home. However, we also pointed out that we work as a team and rely on our colleagues, the GP's and allied health team to work effectively together in order to provide quality care within the community. We also pointed out the importance of prioritising patients in the community. Patients can deteriorate suddenly and therefore, we need to rearrange our work load to ensure these patients get the care they need.



We also informed them of the various services we provide in the community which include; acute and chronic wound care, catheter care, aged care and palliative care.

The Presentation Cara and I delivered was designed to be interactive,. The result was that the transitioning new graduate nurses had quite a few questions for us both during and after the presentation. This informed us that they listened carefully to what we had to say which we felt was gratifying.

Overall, our presentation we felt was a success. Despite our nervousness we accomplished our goal of enlightening our audience of the wide-ranging, interesting and challenging work done by community nurses. The feedback was positive as we were assured that the information we provided was interesting, informative and also provided a window into a genre of nursing worth considering as a career for the future.

**Marjorie Santos RN  
Cara Bowen RN**

**Hoxton Park Community Health Centre. NSW 2171**





# ANTS

The Australian Nurse Teachers' Society  
Working Together for the Future of Nursing Education

## EOI for NEW Editor of ANTS e-Bulletin

ANTS National Executive are Seeking  
Expressions of Interest

For the position of ANTS e-Bulletin Editor

Previous experience would be an advantage but not essential  
as training will be provided for the right applicant...

**Responsibilities:** The editor of the ANTS e-Bulletin is responsible for the compilation of a quarterly newsletter. ANTS e-Bulletin which includes feature articles, President's report and quarterly reports from state branches so will involve liaising with various State Branch members and other ANTS members.

**Essential:** Passion for Nurse Teaching, current ANTS member and an interest in promoting the talents of other passionate nurse teachers. Applicants will require skills in inspiring and motivating others and have the ability to meet deadlines.

**Desirable:** An eye for detail, artistic flair & an ability to think outside the square; good computer, written and communication skills; experience with Publisher and Adobe publications would also be an advantage.

For further information or detailed job description please contact Olivia Mulligan (current ANTS e-Bulletin editor & ANTS Treasurer)...

Contact Details: [mmom51@gmail.com](mailto:mmom51@gmail.com)

Mobile: 0402 091 903

Expressions of interest addressing the above criteria are to be submitted to the editor no later than **September 30th, 2010.**

**Successful applicant will be notified by email**



# Nurse Educator Wanted



## Health Educator – Nauru

- > Share your expertise across the entire Nauru Health service
- > \$140,000 per annum plus benefits - two year contract

Reporting to the Secretary of the Ministry of Health & Medical Services, this busy role oversees all health education, training and development initiatives for staff and trainees across the Nauru health service; including curative and public health. Your extensive nursing and midwifery experience, teamed with formal tertiary qualifications, plus your record of achievement in Health Education training and change facilitation within remote environments, will underpin your success in this rewarding role.

**Applications close:** Sunday 19 September 2010.

**Contact:** Ann Ray +613 9279 1707 or [aray@australianvolunteers.com](mailto:aray@australianvolunteers.com)

This position is part of the Pacific Technical Assistance Mechanism (PACTAM), which places highly-skilled deployees in the Pacific. PACTAM assists local employers meet their human resource needs and contributes to building capacity in the workplace.

**For more information and to apply:** Applications preferred online via [www.australianvolunteers.com/pactam](http://www.australianvolunteers.com/pactam). Alternatively you can email your application to [recruit@australianvolunteers.com](mailto:recruit@australianvolunteers.com) **quoting ref #10531172** in the subject line.

*Successful PACTAM deployees share the ethos of Australian Volunteers International.*

**tollfree 1800 331 292** [www.australianvolunteers.com/pactam](http://www.australianvolunteers.com/pactam)

*An Australian Government, AusAID initiative.*

## Conferences and Seminars of Interest



nursing innovation and leadership in primary health care  
**DIRECTIONS FOR THE FUTURE**

RCNA Community & Primary Health Care  
Nursing Conference Alice Springs 10

### Community and Primary Health Care Nursing Conference 2010

RCNA announces the Community and Primary Health Care Nursing Conference:  
*Nursing innovation and leadership in primary health care - directions for the future.*

The conference is to be held in Alice Springs from  
24 – 26 October 2010.

Registration is now open.  
Enquiries: RCNA on 1800 061 660.

Web page: <http://www.rcna.org.au/conferences/cphcc/welcome>



**ANZICS/ACCCN**  
**Intensive Care ASM**  
14-16 October 2010 Melbourne

The Melbourne Convention and Exhibition Centre (MCEC) is ideally located for experiencing Melbourne, a short stroll to the central business district or along the Yarra River and the Southbank Promenade. A new direct factory outlet (DFO) shopping centre has just opened within the MCEC south wharf precinct. Visitors can also jump on a tram or in a taxi and in no time at all be in other famous Melbourne locations such as beachside St Kilda, Chapel St for boutique shopping or the bustling Queen Victoria Market's.

Australian College of Critical Care Nurses  
PO Box 219 | Carlton South | Victoria 3053 | Phone: 1800 357 968. Email: [acccn@acccn.com.au](mailto:acccn@acccn.com.au)



*Innovations in Nurse Education in Practice*

**THINKING ALOUD**  
**THINKING AHEAD**

*Australasian Nurse Educators Conference 2011*

Address: Eventuate (Wgtn) Ltd

P O Box 51-185  
Tawa  
Wellington 5249  
NEW ZEALAND  
Ph/Fax: [+64] 4 232 4350

Lisa Treeby  
Project Coordinator

Phone: [+64] 4 232 4350  
Mobile: [+64] 27 439 9968

Email: [lisa@eventuate.co.nz](mailto:lisa@eventuate.co.nz)

Contact: Dave Treeby Director  
Phone: [+64] 4 232 4350  
Mobile: [+64] 27 242 1019  
Email: [dave@eventuate.co.nz](mailto:dave@eventuate.co.nz)



# EDITORIAL

## Greetings Fellow Nurse Educators

As usual, Nurse Educators continue to contribute their time, and energy to nurse education and more importantly, networking and fun. Their passion and resilience is extraordinary. I speak here of two remarkable individuals namely; Pauline Murray-Parahi and Jan Sayers. I offer congratulations to Pauline, chair of the NSW branch of ANTS committee and her wonderful team for getting it together for the ANTS Annual Christmas in July Dinner. They did a fantastic job, and I for one really enjoyed it. Our chief nurse, alongside her husband also joined in with the fun. The dinner is a break from the usual serious business of organising conferences, seminars and attending meetings and allows us to be, the fun loving humans we really are behind the scenes of work and its demands. It was, as expected very well attended, and the enjoyment we had opening layers of paper to get the prize for the 'pass the parcel' competition had us laughing our heads off. Just think of the time and effort involved in placing small items in multiple layers of paper, so that people could unravel them in sequence to see what was inside .... eventually. A little bird told me that a certain Lynda Mitchell stayed up until the small wee hours performing this chore. Thanks Lynda, your work was not in vain as it was very popular, and we all enjoyed waiting in anticipation for what the parcel contained. This edition of the e-Bulletin does contain plenty of news and photographs of the event so, I will say no more and let you decide for your selves.

The other person that has earned the respect of a large contingent of ANTS members and of course her colleagues, is a very busy lecturer from the Parramatta Campus, of the University of Western Sydney (UWS) Ms Jan Sayers. First of all, Jan got us out of a hole as we were down in numbers in the National Executive of ANTS which put us under considerable pressure. Jan has been given plenty of work to do and is coming up trumps. Presently she is compiling a questionnaire, to distribute to all nurse academics and nurse educators in the clinical areas and area health services on the proposed Peer Reviewed Journal regarding nurse education. ANTS hopes to launch this in the near future. However, we need your input on many issues regarding its publication, and all the variables that go alongside the publishing of an academic journal. It will be a first for the Australasian region, as the journals that deal with Nurse Education are North of the Equator in the Americas and Europe.

Jan also volunteered to be proof reader for the e-Bulletin, no matter how many times I check it for errors, I always seem to have one and it becomes glaringly obvious once it is published. It's Murphy's Law. I can't win. Thank you Jan, it

takes a load off my mind.

Not only is Jan a busy lecturer, communicator and organiser she is also a very busy publisher of Journal articles and reports. Please read Jan Sayers and Michelle Di Giacomo's article "*The nurse educator role in Australian hospitals*" published in the 2010 Collegian, Vol 17 (2) a refereed journal by the RCNA. Jan also reported in the June 2010 NMB update, on the 20th International Networking for Education in Healthcare Conference, held at Cambridge University in the United Kingdom last September. You are one remarkable woman and I, as well as plenty of our colleagues want to know the secret of how you divide up your time so successfully. Thank you Jan on behalf of all the members for all your hard work, dedication and help with the National Executive Committee.

Nurse education is an ongoing process and as usual another seminar is planned. Pauline Murray -Parahi and her trusty NSW team are already in the throes of planning the rural seminar for NSW. Please check the ANTS website and this edition for details of attendance, and also for request for abstracts. The theme is "*Bridging the Gap: Theory and Practice and Beyond.....*" It promises to be a good event. It will be held in Bathurst, so could prove to be a good day out for family members if they wish to tag along with their dedicated nurse educator parents/significant other..

Now on to a more sombre note. ANTS needs a dedicated member to takeover editorship of the e-Bulletin. While I love this job very much and enjoyed organising the articles, doing the graphics and also networking with people locally, nationally and internationally to find suitable material to publish, I find myself in a position that I have to leave it for a while. I have returned to university to continue my studies. My main concern is that I cannot do both well, and that both ventures may turn out to be mediocre which would be devastating for both myself and for you the members and readers of this publication. I need to focus on my studies and I am sure most of you will understand my situation. So if any of you creative, energetic, committed, would be publishers are interested in this job please contact me on my email which is printed below and also on the back page of this issue. Potential applicants are assured of support from me and the Executive Committee for as long as it takes. Please check the website [www.ants.org](http://www.ants.org) and page 24 of this edition for details of application. I wish to thank you all for your support and contributions to our Bulletin. It was such a pleasure dealing with you all.

**Olivia Mulligan**  
Editor

**Mobile : 0402 091 903**

**Email: mmom51@gmail.com**

# a conclave of nurse educators



Perhaps you would like to have your research published, share your experiences educating nurses, comment about an article? If you have a story about nurse education, or an innovative idea you would like to contribute we would like to hear about it.

QUARTERLY COPY DEADLINES FOR SUBMISSIONS & ADVERTISEMENTS

NO LATER THAN

15th February, 15th MAY, 15th August, 15th November 2010

*(exceptions: by prior arrangement with editor)*

*Compiled and Produced By Olivia Mulligan (Editor).*

*Proof readers: Ms. Jan Sayers UWS .*

*Graphics: Olivia Mulligan & Pauline Murray-Parahi [pp6-11]*

Telephone and Email address for Bulletin submissions...

**C/O Editor ANTS Olivia Mulligan**

Mobile: 0402091903

**Email: mmom51@gmail.com**

The official e-Bulletin of the Australian Nurse Teachers' Society Inc is published quarterly. The opinions expressed by the contributors do not necessarily reflect the views of the executive or other members of the Australian Nurse Teachers' Society. The editor reserves the right to edit or delete submissions for length, content, or policy. All advertisements and items are taken in good faith but the Australian Nurse Teachers' Society Inc cannot accept responsibility for misrepresentations by advertisers nor does inclusion of any item imply endorsement by the Australian Nurse Teachers' Society Inc. All rights reserved.